



**SERVE TO
CHANGE LIVES**

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Rotary Club of Cobourg Bulletin July 22, 2022

Head Table:-

President – PP, PVP, PE, Acting President Peter Dounoukos

Sergeant-at -Arms Rotarian – Princess Karen Parker

Secretary – Rotarian Jennifer

Bulletin Editor – Rotarian Eunice Kirkpatrick

Introduction of Speakers – PP Lynda Kay

Guest Speakers – Brad West and Rotarian Gord Ley

The meeting began with the Land Acknowledgement, Rotary Grace, O'Canada, and a toast to the Queen and Canada.

Disclaimer: This issue may contain language that some may not have heard of before (who am I kiddin') or it may be somewhat entertaining! Read at your own risk and direct all complaints to PPPVPPEAPPD (phew!)

Visiting Rotarians:

Welcome back returning Rotarian Ken Rumball to the 'in-person' meeting 😊

Guests:

Guests of R. Gord Ley - Patti Ley; Tracy West; Kelly West, Gord and Robin Treasure

Outgoing Exchange Student - Kate Vander Schaaf

Guest of Laurie McKeen - Jacqueline Pennington

Secretary's Report



Birthdays:

Rotarian Calvin Ferreira	July 18
Rotarian Jason Ewart	July 21
Rotarian Micki McLean	July 21

Acting President's Report:

Not much to report except for the lack of Rotarians wearing pins during the weekly travels of the Acting President!

Shame on you PDAG Michael Parker; R. David Piccini, R. Martyn Homer, R. Tony Farren.... Apparently, R. John Henderson was caught wearing his pin with echoes of 'president's pet' resounding around the room.



Hmmm.....What are we going to do about this PP Jamie????
The challenge.....for anyone who has a smaller one (pin that is) than Jamie's is going to be fined.



Look closely to see what PP Jamie is hiding under his shirt. That is some monster medal PP Jamie. What did you do to deserve that??? Fines all around.

Members Suggestions

Now onto member suggestions, first names only as our Acting President doesn't want anyone getting in trouble...huh!

Rotarian Rick.....Rotary prayer is back....oh Dear God





Rotarian David - Request one hour for classification talks as he feels they are too short...

Unknown - Karoke every other Friday..oh Dear God

PPP - The Flag Poles at the park are beautiful; Rotary should create another impressive erection in town. Acting President plans to have a few in his year

Anon MacCoubrey - Reference to PPs is very juvenile...how about using the word d**ks (again is this really inclusive???) No emoji for this one!!

Committee Reports



Ribfest – Rotarian Richard

- Rotarian Richard noted that emails have been circulated to recruit volunteers for Ribfest. There was an error so another email will be circulated soon.
- There will be no paper sign-up sheets this year.
- This year it will be managed through the Volunteer Northumberland database.
- There will be designated shifts for Rotarians and other shifts for people who volunteered at the COVID clinics.
- PP Lynda and Peter will provide marketing support for the event.
- R. Richard will be available net week to support anyone having difficulty accessing the database.
- R. Tammy offered the support of the library resources with sign up.

Happy Bucks

- R. Brad is happy for two reasons; he is almost over his bout with COVID and his lovely daughter is getting married at Casa Loma next week and then he is spending two weeks' vacation with friends and family....that is actually three reasons to be happy but he did give \$100 to RI. Thank you R. Brad
- Our newest member Randy Barber is happy because he is talking on the 89.7 radio show July 22 about Churchill and Canada. Tune in at 5:30pm.

Introduction of the Guest Speakers -Lynda Kay

PP Lynda took the lead on introducing R. Gord and Brad West versus their lovely wives because.....????

PP Lynda attributed this latest adventure to when R. Gord was on the United Way Board and discovered the bug of challenging feats when he water skied across the lake and participated in many bike challenges to name but a few.

Welcome R. Gord and Brad

Highlights of this amazing adventure with pre-approval from Tracy and Patti are as follows: -



- Brad, close friend of R. Gord was a committed orange shirt volunteer with the COVID clinics

- Why are we doing this?? Still haven't found the answer, although it could all be because of United Way. It was a little bit of heaven and a little bit of hell.
- The journey started at the YWCA, Rocky Mountains in Banff, travelling 4400km to the border of Mexico
- There was no external help along the way; had to find their own sleeping accommodation and food
- The route is unmarked, so maps and GPS were the guiding tools
- No entry fee and no prizes at the end of the race
- Crossed the continental divide 30 times
- The journey is similar to climbing Mount Everest 7 times
- This was a catch up COVID project and has been in the works for a couple of years, with lots of research at Presqu'île and Wilberforce as well as learning how to suture using a lemon
- Each carried 50lbs of gear, including a tent, pillow, sleeping bag and the oh so welcoming Butt Paste.



- 170 riders from around the world started the race with less that 40% finishing it; so many remarkable men and women
- Both R. Gord and Brad lost weight throughout the event. Could not eat enough calories
- The locals were amazing along the way, beacons of light who welcomed the cyclists
- Experienced all types of weather; gravel roads, even thicker gravel roads, floods, mudslides avalanches; riding through peanut butter mud clogged areas
- the Great Basin in Wyoming is just flat desert, isolated, expansive, just nothingness
- accumulative 1 day fixing the bikes
- 15 riders airlifted off the mountain with either hypothermia or trauma
- Camped for 6/7 nights; slept in a church basement, stagecoach house and community hall where they met an Olympic Level snorer 🤤 !!!
- Prepared to face bears, cougars, and moose. Last year a rider was killed by a grizzly bear, and another was stalked for two hours by a cougar that was teaching her young to kill!!

- Water is a big concern in the desert. Found a cattle pond, which was a natural spring where they refreshed their supplies
- At the 3000km mark both Brad and R. Gord unanimously agreed to call it a day, as they were running out of time, and it wasn't fun anymore. They don't regret their decision albeit it was an emotional one to make.
- It was a magical trip which strengthen their friendship and there is no intention of them doing it again....much to the delight of Pattie and Tracy!!

Thanker – Rotarian Peter Delanty

To answer why??

It sounds like way more fun than a Caribbean cruise or vacationing in some exclusive resort?!!

What an unbelievable, incredible ride and it sounds like Rotarian Gord has to save some energy for his 10-day ride through the Pyrenees in September.

What a great adventure and story to tell!

Weekly Draw: Rotarian Eunice was the happy winner of the weekly draw \$25

Attendance Report: 54 Rotarians were in attendance including Zoomers

Next week's Guest: Andrew Marr

Thought of week:

A nerd was walking down the road and ran into another nerdy friend of his riding a shiny new bicycle. 'Wow' he said, 'how did you get that?'

'Well, this gorgeous looking woman was riding along the pavement, stopped in front of me and threw her bike to the ground, took all her clothes off and said take what you want, so I took the bike.'

The first nerd replied, 'probably the better choice as the clothes wouldn't have fit you anyway!'



That's all folks!