



# The WHEEL

OFFICIAL BULLETIN of the  
ROTARY CLUB OF COBOURG



SERVE TO  
CHANGE LIVES

Rotary Club of Cobourg  
P.O. Box 882  
Cobourg, ON K9A 4S3  
Charter 997 (1921)  
Club #4638  
District 7070  
[www.cobourgrotary.ca](http://www.cobourgrotary.ca)



**Roger Tessier**  
Wellington, Ontario  
2021-2022 President  
Rotary Club of Cobourg

[www.cobourgrotary.ca](http://www.cobourgrotary.ca)  
Theme: Serve to Change Lives



**Ron Dick**  
Oshawa, Ontario  
2021-2022 District Governor  
District 7070

[www.rotary7070.org](http://www.rotary7070.org)  
Theme: Serve to Change Lives



**Shekhar Mehta**  
West Bengal, India  
2021-2022 President  
Rotary International

[www.rotary.org](http://www.rotary.org)  
Theme: Serve to Change Lives

**Rotary Club of Cobourg  
Friday January 7<sup>th</sup>, 2022**



**President:** Roger Tessier  
**Secretary:** Jennifer Stadtke  
**Bulletin Editor:** Daisie O'Neil

President Roger called the weekly meeting of the [Rotary Club of Cobourg](http://www.cobourgrotary.ca) to order at 12:00 p.m.

President Elect Deborah played our Oh Canada for the week.

### Visiting Rotarians

No visiting Rotarians this week ☹️

### Guests

Past President Lynda introduced our guest speakers Nicole Beattie, Laurie Copeland, and Jennifer Darell.

### Secretary Jennifer's Report

### **Rotary Anniversary:**

Past President Peter Delanty	36 years	January 2nd
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### **Wedding Anniversary:**

Past President Mike and Jill Irwin	40 years	January 2 <sup>nd</sup>
Rotarian Tom and Teresa Behan	18 years	January 3 <sup>rd</sup>
Rotarian Alison Lester and Todd Davis	7 years	January 3 <sup>rd</sup>
Rotarian David and Sheilagh Leeds	52 years	January 10 <sup>th</sup>
Past President Gord and Mary Park	49 years	January 13 <sup>th</sup>

### **Birthdays:**

Rotarian Gary Lee	January 2 <sup>nd</sup>
Past President Jamie Gordon	January 7 <sup>th</sup>
Past President Terry McDermott	January 7 <sup>th</sup>

When asked, both PP Jamie and PP Terry said they would be sitting at the head table and suggested that perhaps President Roger should therefore pay...he promptly fined them each \$10.

### **President's Report**

Sadly, Omicron has required us to continue our online format for the time being. The in-person/online decision will be revisited at the end of the month.

### **Past President Spiel**

We have run out of past presidents so this week we were treated to PDG Beth giving us a taste of what it was like to be District Governor.

PDG Beth began by briefly explaining the makeup of Rotary (clubs, districts, zones, RI). As part of district 7070 we are one of 56 Rotary clubs (plus more Rotaract, Interact, and Earlyact clubs) ranging from Etobicoke through Prince Edward County.

As District Governor (DG), PP Beth worked on a district team that included past and future governors and leaders with individual portfolios. PP Beth was president of the Rotary Club of Cobourg for the 2015/2016 year and took on the role of Assistant DG the following year. She was then selected during her ADG year and began the 2 ½ year training process to assume the DG role in 2019.

PP Beth said that one of the biggest highlights for her was the chance to visit every club in the district – both during her year as DG and the year prior. She also got to accompany the

president elects from the district to the RI headquarters in Evanston. She explained that her very favourite part of the year however was getting to work with the team to put together the 2019 District Conference “Rotary Muskoka Style” (The Rosseau Muskoka Resort & Spa comes highly recommended by PP Beth). This conference had a great line up of guests and events including a talk by Amanda Lindhout, Breakout sessions covering a wide variety of important issues, a fireside chat with the inbound Rotary Youth Exchange students, and an Octoberfest welcoming reception among others.

The last quarter of PP Beth’s year as DG saw the emergence of Covid 19 and with it the cancellation of many local and district events. Many events switched to being held virtually and Rotary clubs all over had to find ways to adapt. PP Beth finished up by thanking the RCC for all the support during her time as district governor.

After her talk, it was brought to PP Beth’s attention that she forgot to mention PP Peter Dounuokos as part of her “dream team”. This resulted in President Roger levying two fines – one for PP Peter for being forgotten and one for Rotarian Bruce McCartney for pointing it out.

### **Rotarian History Minute**

As we are also out of committee chairs to do a spiel, we heard instead from PP Don Owen about his time in the music industry. PP Don, when given the choice, chose to learn the guitar (in an effort to be like Elvis). His brother, on the other hand, chose the slightly less conventional accordion to play. With some friends, they formed a band, and got their first gigs playing school and church dances. In 1968 PP Don formed a duo with his friend Bill Candy and together they wrote and sang folk music – at one point winning the Kawartha Music Festival in the duo category. In 1970 they recorded a couple albums with quality records and hired a booking agent who began setting them up with many jobs in the United States. The duo had some exciting opportunities in those years, including opening up for The Guess Who and working with a number of other big names. From there they began working with CBC radio and made numerous television appearances. In the 80s they changed direction to swing music and booked some commercials (they are known as the “Bologna Boys” in Newfoundland). I am sure we would all love to listen to the many more stories PP Don surely has but it was great to get a small glimpse at his exciting career! PP Don left us with this quote:

*“Music serves as the Soundtrack to our lives, in both good and hard times. Amplifying our celebrations and energizing us when we are down.”*

### **Committee Reports**

Rotarian Mark Burgess updated us on draw of the month ticket sales. We are now at about 170 sold of 500. Please buy if you can!!

**Happy Bucks \$**

President Elect Deborah gave \$33 happy bucks in celebration of Ukrainian Christmas.  
Христос Рождається!

Rotarian David Leeds gave \$10 to celebrate 52 years of “wedded bliss” despite the last two being in isolation.

Rotarian John Rolph gave \$10 as his grandson Mike recently got engaged underwater!

PP Don Owen gave \$10 for his son who is starting a new job with the Town of Port Hope

Rotarian Sam Miron gave \$20 after receiving the Caldwell Ambassador of the Year award for his charity ride last June.

Rotarian Darlene Leggett gave \$20 for her daughter who just recently move to PEI to start a new job.

Rotarian Gary Liboiron gave \$20 for hiring new purple shirt and promised a 400% raise over their orange shirt earnings

## Program



PP Rick Riley introduced our speaker Nicole Beattie. Nicole is involved in many local charitable organizations and was joining the meeting to speak about the Local Food for Local Good program.

Nicole introduced two additional guests – Laurie Copeland and Jennifer Darrel – who were both involved in the Festive Food initiative being discussed. Local Food for Local good has been around since 2007 and very active in local food security initiatives since 2014. The program’s mission is to “Build community and connect local people with healthy local food”. There are three main areas of focus – coordinating local food programs and projects that help build a community, carrying out research and education programs that focus on improving access to food supply, and achieving food security to nourish children, youth, families, and seniors in Northumberland County. Like many organizations, Local Food for Local Good had to adapt to the changes brought on by the pandemic. The closure of schools meant that many students who relied on the breakfast and lunch programs were no longer able to access these meals. Local Food for Local Good developed a mobile student nutrition program to ensure these students were able to access healthy meals while learning from home. Since starting the program, and over the numerous school closure periods, over 1,300 received support.

The Festive food program was launched in November 2021 in an effort to support local families at Christmastime. Over the Christmas weekend, the program fed 120 families and 20 individuals for a total of 545 people who each received a turkey dinner prepared by Prep Food Co, healthy snacks from Northumberland Food 4 All, and Fresh Produce bags sourced through Market and Smor. Over 5,100 pounds of food was distributed to families in need along with 260 gift cards to local stores and restaurants. We also heard briefly from Laurie and Jennifer to hear their perspectives as organizers and volunteers.

Rotarian Helen Lackey thanked our speakers and expressed our appreciation for all the



work Local Food for Local Good does in our community.

**Next week** – Next week we will hear from Rotarian Janet Irvine – giving her classification speech 😊